



CLINICAL & SUPPORT OPTIONS

Growing Strong – boys



A group to help youth who have experienced trauma learn healthy ways to deal with stress by building skills and strategies to use in their daily life.

Where: CSO-Athol, 3rd floor conference room

Day: Weekly on Mondays

Starting date: October 15, 2018

Time: 5-6pm

Conducted by: Bethany Whitney, MA

Registration required. Call Bethany at (978) 249 9490 ext 4026 with questions.